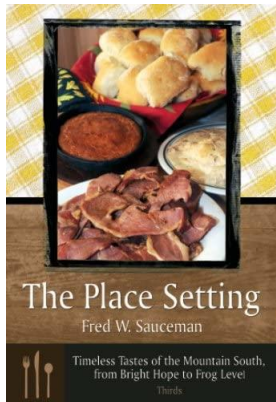


The Place Setting: Timeless Tastes of the Mountain South by Fred Sauceman

Welcome to Radio Bristol Book Club where readers from BCM and the Bristol Public Library come together each month to celebrate and explore books inspired by our region's rich Appalachian cultural and musical heritage! We invite you to read along and then listen to Radio Bristol on the fourth Thursday of each month at 12:00 noon when we dig deep into the themes and questions raised by the books, learn more about the authors, and celebrate the joys of being a bookworm!

Beginning in Bristol, Tennessee, at the Ratliff Candy Company, *The Place Setting* by Fred Sauceman takes us on a palatable journey through the Mountain South and on into the hills of West Virginia where folks are greeted with traditional pepperoni rolls at Colasessano's in Fairmont. The stories shared in this collection are reminders that many of the very best Appalachian food traditions were "born during hard times", and from a people who found "virtue and satisfaction in the labor of their hands."

With a distinct focus on Appalachian foodways, Appalachian history, and a reliance on traditional Appalachian storytelling, Sauceman blends seamlessly together a collection of food memories meant to preserve the familial and communal food legacies of Appalachian culture.



Fred W. Sauceman is an associate professor of Appalachian studies at East Tennessee State University. He is the author of four books including the three-volume series *The Place Setting*, which explores Appalachian foodways. He directed and produced the documentary *A Red Hot Dog Digest*. Sauceman's *Food with Fred* appears monthly on WJHL-TV, the CBS affiliate in Johnson City, Tennessee.



Please make plans to join us on Thursday, September 28th at 12:00pm for our discussion of *The Place Setting: Timeless Tastes of the Mountain South*. You can find us on the dial at 100.1 FM, streaming live

on Radio Bristol, or via the Radio Bristol app. The book is available at the Bristol Public Library, so be sure to pick up a copy and read it ahead of time. The librarians will be happy to help you find it! We look forward to exploring this book on-air, and if you have thoughts or questions about the book that you would like to share with our readers, you can email info@birthplaceofcountrymusic.org (Subject line: Radio Bristol Book Club) – your book insights might appear on air with us!

Looking ahead: Our book pick for October is *The Ballad of Laurel Springs* by Janet Beard. We'll be discussing it on Thursday, October 26th. Check out a full list of the books we have read in 2023 [here](#), where you can also listen to archived shows.

Tonia Kestner is the Executive Director of the Bristol Public Library and an avid reader.